



# CHASTITY PROJECT

CATHOLIC LOVE**LIFE** CONFERENCE

Hosted by VIRTUAL CATHOLIC<sup>TM</sup>  
CONFERENCE





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## INTRODUCTION

Thank you so much for registering for our first ever Catholic LoveLife Conference!

We are thrilled to have you with us and are excited to bring you an amazing lineup of speakers and fresh content.

Over the past few weeks and months, all of our lives have been upended in one way or another. But what hasn't changed is our desire to find, give, and receive love, especially during this time of family stress, isolation, and uncertainty.

Married couples may be experiencing more strife in their relationship than usual.

Singles are aching for closeness and community after so much social distancing.

Teens might be seeking out unhealthy content on their screens to escape from the monotony of their school Zoom meetings.

Parents and youth leaders may be wondering how to take advantage of this unique time to connect with their teens.

In the midst of all our challenges, it's tempting to seek false consolations and lose sight of our ultimate calling, which is love. For this reason, we're launching the Catholic LoveLife Conference.

The weekend is going to be an incredible opportunity for everyone. We've designed the event so that teens and young adults as well as married couples, youth leaders, and even grandparents will find a wealth of relatable and inspiring content.

Despite all of our newfound "free" time, we know that life somehow feels busier than ever. So, we're keeping every presentation about fifteen minutes in length! Our hope that if you're currently in a relationship, your love will be rekindled by the videos. If you're single, we pray that your hope in love will be renewed. If you're a parent or youth leader, we trust that you'll walk away with practical strategies to guard the innocence of all the young people God has entrusted to you.

Get ready for an incredible weekend, and please join us in prayer that it will bear fruit for eternal life!

God bless  
Jason Evert



## HOW TO MAKE THE MOST OUT OF THIS VIRTUAL CATHOLIC CONFERENCE

### **1 Ask the Holy Spirit to be your MC**

There's a lot of content in here and a lot of places to go. The Lord has something specific in mind for you, let Him be your guide on this journey. Say a prayer, and then browse this playbook to see what lessons you feel called to watch and partake in.

### **2 Contemplation over Consumption.**

There is an abundance of content here and you may feel tempted to want to jump from talk to talk without really pondering what you have just learned. In order for this information to be transformative for you, be deliberate about slowing down to digest this material. We have discussion questions below each talk. Take a moment to ponder and pray with each question.

### **3 Be creative with building community**

Create virtual small groups for a more communal experience. Reach out to a friend or a group of friends, agree to watch the same talks together, take notes and then set up a conference call to discuss.

### **4 Make this a Retreat**

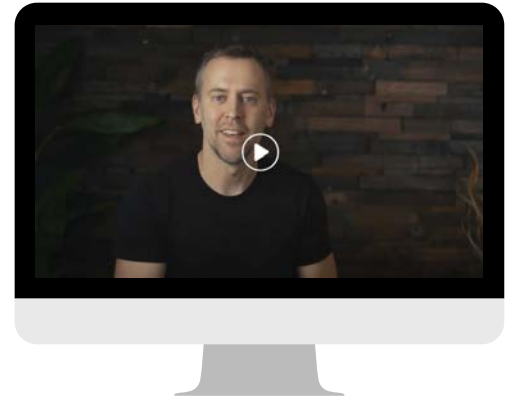
Be deliberate with creating conditions to be present at this Virtual Catholic Conference. Carve out time, turn your phone off (unless, of course, you are watching it on your phone), make this time sacred, make it a retreat, and enter in fully.



## HOW THE VIRTUAL CONFERENCE WORKS

### With your free pass, you get to enjoy...

- 3-Day full access pass to your Virtual Men's or Women's Conference
- Live "virtual booths" with select presenters, where you can engage with presenters during live Q&A sessions.



**You also have the option to purchase the Premium Pass to watch and listen anytime, anywhere.**

### Just Some Of What You'll Learn:

- How to experience peace that surpasses understanding during a time of uncertainty.
- How to create a life that is full of meaning and lived intentionally.
- How to enter conversations around same sex attraction with charity and love.
- The teachings of the Church Fathers on Mary's Immaculate Conception.
- How to get real in your relationship with God and experience prayer as a gift rather than a checklist.
- How to integrate the teachings of Divine Mercy into your everyday life.
- How to discover and more deeply receive the gift of your life and your unique purpose in building God's kingdom.
- How to be a more patient parent amidst an overnight shift to homeschooling.
- How to contemplate and co-author with God the incredible story of your life.



## Hope and Mercy. Marriage and Parenting

### Steve Angrisano

Join popular songwriter Steve Angrisano as he uses his gift of storytelling to help couples learn to lean on hope and mercy while raising their families, so they can grow stronger together, even during the hardest times. Married and engaged couples welcome!

**My takeaways/questions:**

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## Together Forever: Chastity in Marriage

### Danielle Bean

Many of us think that chastity in marriage means only refraining from extra-marital affairs. But God's plan for total commitment to your spouse goes so much deeper than that! Danielle Bean discusses how we can examine our married lives and discover ways that God is calling us to go deeper and grow closer to our spouses by giving even more of ourselves - physically, emotionally, and spiritually.

**My takeaways/questions:**

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## Marriage: A Second Time Around

### Johnnette Benkovic Williams

Make no mistake about it, God has a plan in mind for you! Marriage may well be that plan--even a second time around. Johnnette will tell you how to discern if this is God's will for you, while giving you insights by sharing her experience with a second walk down the aisle!

**My takeaways/questions:**

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## Made for Love by Love: Homosexuality Finding Home

### Mary Bielski

This talk will explore the church's teaching on homosexuality, the love of Christ, and the call home. For the person seeking a compassionate heart and better way to enter into the challenging conversation on same sex attraction, this presentation is a must!

**My takeaways/questions:**

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## The Missing Piece In The Conversation On Chastity

### Dr. Greg Bottaro

So many people struggle with the concept of chastity - from overcoming difficulty with pornography, going "too far" in relationships, and understanding what too far even means. Many chastity speakers tiptoe around some of these questions because there's an essential element missing. There has to be more than simply what's right and wrong. Here's what it is.

**My takeaways/questions:**

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## Your Vocation is a Team Sport

### Peter Burak

God invites us into a transforming relationship with him and sends us out to transform the world. Discerning our unique pathways for holiness and mission is not simply a individual endeavor, but true and peaceful vocational discernment demands a team. This team is far more than our often angsty and confused hearts, emotions, and dreams, but also loved ones, Scripture, moments of grace, and other gifts from the Lord to help reveal how he sees us and what he's created us for.

**My takeaways/questions:**

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## Practicals for a 21st Century Marriage

### Pete and Emily Burds

What the Gospel reveals about marriage is incredible! However, living out the marital vows made on our wedding day can prove to be challenging in our 21st century context. Our work, social media game, phones, calendars, credit card scores, and other life stressors can weigh down on our vows, testing our daily faithfulness. In this presentation, Emily and Pete will dive into proven and practical ways to combat these challenges in an uplifting and joy-filled way.

**My takeaways/questions:**

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## Praying with Our Desires

### Fr. John Burns

Our desires can be confusing, and we often fight to either suppress or avoid them. But our faith tells us that desires can be holy and the passions can be a great aid to living well. This talk will explore what it means to pray with your desires and how to evaluate and discern them in light of God's plan.

**My takeaways/questions:**

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## The Forbidden Journey to Freedom and Hope

### Hudson Byblow

With same-sex attractions and transgender inclinations both being a part of Hudson's story, he has somehow found hope, freedom, and belonging in the Catholic Church. In this talk, he shares what he learned along the way to get to that point, and how the joyful pursuit of chastity has opened his eyes to the reality of a truly fulfilling life - in ways the world might not expect!

#### My takeaways/questions:

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## Chastity, Renewal, and the Call to Warriorhood

### Hudson Byblow

In this talk, Hudson shares snippets of what he has learned about chastity since coming home to the faith but also shares about how chastity is what set him free, after walking away from LGBTQ. He also shares about how pursuing the virtue of chastity is integral to our development as holy persons, and also essential to the call to true Catholic warriorhood. He hopes this talk inspires all who listen, regardless of their experiences or histories, to dig deeper into their understanding, so that all persons might enter more deeply into the richness of the Catholic Faith.

#### My takeaways/questions:

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## Patience is for losers!! (And saints.)

### Brian Butler

Nothing seems cool or fun about having to wait. But aren't you tired of relationships that always mysteriously end up in flames? Patience might be just what you need. Whether dating, waiting, discerning, or trying to stay pure during quarantine with sexual desires heating up, Brian offers a big picture and practical tips for patiently loving from here to forever.

**My takeaways/questions:**

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## When Engagement Gets Tough

### Madeleine Carrington

Engagement can often be a time of mixed emotions; excitement, anticipation, nervousness, confusion and for some, complete chaos. Simon and Madeleine experienced all of these emotions and will share some practical and insightful ways to navigate through this testing time. This is the most important decision of your life!

**My takeaways/questions:**

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## When Engagement Gets Tough

### Simon Carrington

Engagement can often be a time of mixed emotions; excitement, anticipation, nervousness, confusion and for some, complete chaos. Simon and Madeleine experienced all of these emotions and will share some practical and insightful ways to navigate through this testing time. This is the most important decision of your life!

**My takeaways/questions:**

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## When Dating is Put on Hold: How to Maximize the Forced Dating Fast of COVID 19

### Lisa Cotter

So social distancing has forced you to take a step back from dating? Well, you can bemoan this fact, or you can make the most of it. In this talk Lisa shares how to embrace this unexpected reality with a mindset that will help you better re-enter the world of relationships in the future.

**My takeaways/questions:**

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## The Beautiful Mess of the Family

**Bill Donaghy**

Deep in the heart of every person is a desire to be happy; we are made for it and we long for it, but how do we find happiness? The gospel says give yourself and you'll find yourself, but we are afraid to trust this radical call. So God gives us the family, a place in which, as Dr. Peter Kreeft says, "A person cannot be selfish!" Discover how the family has been designed to be "saint-making machine" to get us out of our heads and into the hearts of others.

**My takeaways/questions:**

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## Is this the one? Discerning in lockdown; an Irish perspective.

**Emmet Dooley**

I'm an Irish guy living in Scotland and I've given chastity and reproductive relationship presentations in all but one continent. Why not join me and hear a unique perspective on these most important topics: Is this the one? Is marriage for me? Does chastity end happily? I pray this talk will help you in your search for authentic lasting love.

**My takeaways/questions:**

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## Chastity and the Family

### Deacon Jeff Drzycimski

Deacon Jeff, a husband and father of 9, will talk about the challenges to and blessings of living chastely in a family context: from loving kids to loving your spouse and yourself. Tune in for some very practical advice about raising your kids in a worldly culture and protecting you and your spouse from an onslaught of anti-family values.

**My takeaways/questions:**

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## Chaste: Staying Porn Free in an Over Sexualized Culture

### John Edwards

In this talk, John Edwards speaks on the dangers of porn to self-identity and relationships. Leading with witness and vulnerability, John shares practical steps to break free and stay free from the grips of pornography.

**My takeaways/questions:**

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## Is he/she the ONE?

### Jason Evert

How do you know that you've found the right one for you? Discover five strategies to distinguish real love from its counterfeit.

**My takeaways/questions:**

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## Screen Safety for the Whole Family

### Jason Evert

The average US family has at least seven screens in their house that connect to the internet. In this presentation, Jason Evert provides effective strategies and practical tools that every parent **MUST** use to keep their family safe.

**My takeaways/questions:**

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## Arguing with a Monk... about God and all His rules!

### Jonathan Fanning

I'm not a monk. But I did argue with one. For years! About what? Just about everything Catholic. Especially the rules. "What's up with all your rules?" "Too many!" "Too strict!" As a consultant to Fortune 500 leadership teams, I thought I'd straighten out this brilliant and passionate monk... Are you ready for a glimpse of this intriguing journey?

**My takeaways/questions:**

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## Raising the Bar: How Modesty Reveals

### Lindsay Fay

One voice is telling us that we should cover up our bodies because they are shameful. Another voice is telling us that the more skin we show the more empowered we should feel. There's another way to view the person and this is through the virtue of modesty--an interior disposition that reveals to the world our inherent dignity.

**My takeaways/questions:**

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## Healing Our Connections

### Melissa Foley

We, as children of God, were designed to connect. When disconnection happens, particularly between parent/child or between spouses, the hurt runs profound- it can even change the trajectory of someone's life. Compelling stories and practical tips for staying connected during Healing Our Connections. Visit [LovedAlready.com](https://LovedAlready.com) and <https://learn.covenanteyes.com/connected/> for additional resources.

#### My takeaways/questions:

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## Parenting the Internet Generation

### Matt Fradd

Pornography is a pervasive problem today for people of all ages, especially teens. However, many parents aren't sure how to protect their families, beyond using traditional internet filters. In this presentation, Matt Fradd offers parents a detailed look at the way pornography harms us and offers practical strategies that parents need to implement if they are to protect their children from the lies of an over-sexualized culture.

**My takeaways/questions:**

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## Who to date

### Kris Frank

Dating can be difficult. However, if we figure out who to date, it can become much simpler. Luckily for us, our faith gives some parameters for discerning potential partners. This short presentation will address what qualities to look when dating and clarify the old relationship cliché "don't settle."

**My takeaways/questions:**

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## Intimacy that Satisfies

### Nic Frank

In our culture, we are entirely stripped of true intimacy and vulnerability. What we are conditioned to accept is a stripped-down version, that doesn't begin to satisfy desires of the heart that long for true love and connection. This talk is about reclaiming intimacy and human connection.

**My takeaways/questions:**

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## Uncompromising Freedom (Boys/Men Only)

### Everett Fritz

There's a war going on within every man between love and lust. One of the two will win, and to the victor will go the spoils: Whatever wins his heart (love or lust) will win his imagination, his eyes, his body, his vocation, and his very soul. Either the man will master his temptations for the sake of love, or his temptations will master him. Sexual impurity is a deep, dark secret lurking in the heart of many a man too embarrassed to bring it out into the light. This presentation provides encouragement and practical strategies to overcome these and other addictions and temptations that keep men from living in freedom.

**My takeaways/questions:**

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## Gods Vision for Marriage or Dating Starts Now

**Paul George**

What is Gods vision for Marriage? God designed Marriage to be an image, a picture, and a Sacrament of His presence to the world. How can we embrace Gods vision for marriage and live it out in a world that desperately needs to see authentic love? Paul explains in his talk how we, even in our imprecations, can live Gods design for love in the our Marriages.

**My takeaways/questions:**

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## Hey Honey, What Are Your Signs? The Highs and Lows of NFP

**Steve and Becky Greene**

Through this humorous and inspirational talk, learn how embracing the divine plan for sex, marriage, and fertility far outweighs the challenges. Using firsthand experience, Steve and Becky explore the beautiful fruits of practicing NFP, despite the difficulties and doubts couples face as they remain faithfully, responsibly, and generously open to God's greatest gift: life.

**My takeaways/questions:**

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## Talking to your Friends about Chastity, Without Losing Them!

**Katie Hartfiel**

I am often approached by people who begin our conversation with the phrase, “So I have this friend...” Many people want to reach out to others but are afraid of being labeled as “judgy” or a “shamer.” We want to be nice, helpful and convicted as Catholics—and sometimes it’s confusing to figure out how all those can fit together.

**My takeaways/questions:**

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## Gender Ideology: What Catholics Need to Know

**Mary Hasson**

Can a person be transgender? What is “gender ideology”? And what does the Church say about all this? This talk explains why LGBTQ issues present a critical challenge to Catholic teachings and how Catholics are called to respond.

**My takeaways/questions:**

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## Think Again about Sex Change

### Walt Heyer

Speaking directly about the harm of cross-sex hormones, sex change surgery and the onset of gender identity issues, Walt Heyer tells his story of redemption and restoration.

My takeaways/questions:

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## Meeting Jesus at a Pride Parade

### Trent Horn

In this talk Trent responds to the idea that Jesus would want us to love people who identify as LGBT by attending or supporting "Pride Parades." Trent says we should these situations to help people put aside their pride and embrace Christ as a compassionate savior.

My takeaways/questions:

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## Protecting Your Purity: Learning from the Saints

### Dr. David Hajduk

Chastity is a "yes" of which certain "no's" are the consequence. The "yes" to authentic love and God's plan for our sexuality includes a "no" to unchastity and whatever leads to it. Learn from the saints about some concrete steps you can take to support your growth in the virtue of chastity and protect your purity.

**My takeaways/questions:**

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## How the "Dating Diet" Taught Me How to Love

### Erin Ingold

Many single people seek their fulfillment from outside sources and circumstances, including other people. This can lead to disappointment and pain to themselves and others. Erin shares her personal testimony of an experimental "dating diet" that, while single, she embarked upon. In this talk she will share with you her "diet" rules and tips to help you to love and receive love better.

**My takeaways/questions:**

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## Why Doesn't She Want Me?

### Matt Ingold

This is a talk for adult audiences only. Marital intimacy can be one of the leading causes of strife in marriage. If you are a man who's ever questioned, "Why doesn't my wife ever desire me?" or a woman who's ever questioned, "Does he really want me, or is this about something else?" this presentation will jump start honest and healthy dialogue about intimacy in your marriage.

**My takeaways/questions:**

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## The 3 Commandments for Discerning God's Will for My Life

### Fr. Josh Johnson

God created each and every single one of us for no other reason than because He desires that we become saints. In this presentation I will propose some tools that you may find helpful in discerning God's plan for your life in your walk toward eternity.

**My takeaways/questions:**

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## Avengers Assemble!

### Tomasz Juszczak

Can superheroes tell us something about what true masculinity should look like? Join Tomasz as he shares his personal journey and explores some examples from the Marvel Cinematic Universe of the particular greatness we - as guys - are made for.

**My takeaways/questions:**

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## Freedom From Porn

### Paul J Kim

90% of adolescents are exposed to pornography by their teenage years. Scientific studies show that porn is as addictive as narcotic drugs. Both men and women of every age and vocation are addicted to porn and as a result, lives, relationships, and families are being destroyed. In this presentation, internationally known Catholic speaker, Paul J. Kim, shares the good news that FREEDOM FROM PORN is possible... He is living proof!

**My takeaways/questions:**

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## Fearless Fatherhood and Merciful Motherhood

### Fr. Sean Kilcawley

In a world where early exposure to pornography is inevitable, every parent is called to be fearless in protecting their children. In this talk for parents, Fr Sean Kilcawley will speak on the theology of motherhood and fatherhood and give some tips for ongoing conversations with children that are both direct and merciful.

#### My takeaways/questions:

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## Chastity and Identity

### Fr. Sean Kilcawley

What is love? Is it more important to love or be loved? Who is Jesus? Who am I to Jesus? These are the foundational questions which must be answered in order to live and love as God has called us to. In this talk Fr Sean Kilcawley will reflect on our vocation to love and each persons identity as a beloved son or beloved daughter of the Father.

#### My takeaways/questions:

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## Porn-proofing Your Marriage

**Peter C. Kleponis, Ph.D.**

Pornography is having devastating effects on Catholic marriages. It traps the user in addiction, traumatized spouses, tears apart families, and can lead to separation and divorce. In this conference you will learn about the dangers of pornography to marriages and practical ways to protect your marriage from this pandemic.

**My takeaways/questions:**

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## 5 Emotional Dangers of Premarital Sexual Involvement--and 5 Rewards of Waiting

**Dr. Thomas Lickona**

Being aware of the emotional dangers of premarital sexual relationships can help a young person refrain from such relationships--both to avoid getting hurt and to avoid hurting someone else. Relevant to both teen audiences and parents of teens, this presentation uses research findings and true stories to describe 5 emotional dangers and 5 rewards of saving the ultimate intimacy for the ultimate commitment (marriage).

**My takeaways/questions:**

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## John Paul II and the Call to Chaste Love

**Fr. Roger Landry**

John Paul II's 100th birthday is May 18. It's a great opportunity to focus on his life-changing contribution to the Church's teachings on chastity for teens and young adults, married couples, clergy and religious — basically all of us. Chastity is essential for us to love unselfishly and to become holy. Spend some time with me pondering John Paul II's wisdom!

**My takeaways/questions:**

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## Fully alive---blessed are the pure of heart

**Sister Bethany Madonna**

Blessed are the pure of heart- they see GOD. When we receive the gift of life, the unique love of our hearts, the fog lifts, lies scatter while the truth of our goodness and the joy intended for us is unleashed! This talk touches on our desires for love, the beauty of sexuality and the path to holiness and happiness.

**My takeaways/questions:**

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## Called to Happiness!

### Fr. Louis Merosne

Vocational discernment is finding what will make us truly happy. God wants us to be happy and calls us to live in a way that is conducive to that end. I will give some practical tips on discernment.

**My takeaways/questions:**

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## Wear the Pants: Reclaiming Manhood in a Fatherless World

### Jimmy Mitchell

How do you grow into your full potential as a Catholic man if you've grown up without a solid father figure? Regardless of your upbringing, how do you become an effective mentor in the lives of others? Whether you're married with kids or a freshman in college, you are called to spiritual fatherhood. Join international speaker Jimmy Mitchell to explore these tough questions and get inspired to discern your own unique and unrepeatable calling as a Catholic man.

**My takeaways/questions:**

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## Being a Gift: Getting Ready for Dating and Marriage

### Kevin Erik Muico

In a world with millions of single adults well into their 40's - where once there were many more marriages - what's a single person to do? Is true love for everyone or just a chosen few? How does one go about dating, and courtship? This talk aims to instill hope, and challenge youth and young adults to God's call to communion, through the way they go about dating and courtship.

**My takeaways/questions:**

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## NFP, Holiness, and the Theology of Gift

### Damon Owens

Let's get each other to heaven! The purpose of marriage is nothing less than holiness for both husband and wife. The power to create life is a privileged stewardship uniquely enhanced through the understanding and use of natural family planning (NFP). Synthesizing his developments on marriage and sexuality rooted in self-giving love, Pope St. John Paul II urges a full embrace of natural family planning as a normative means to marital holiness for couples. Single? Married? Consecrated? Clergy? Let's take a fresh look at NFP in the modern world.

**My takeaways/questions:**

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## Bring it to the light

### Mari Pablo

"I'm too broken", "Only guys struggle with this", "I can't talk about it", "I'll never be freed from this", "I won't find love". You are invited to stop hiding and to step out of these isolating thoughts. Rather to discover the freedom and joy that comes when we bring the lies into the Light and claim where we belong!

**My takeaways/questions:**

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## Purity as a Gift from God

### Fr. John Parks

What is purity? How does one get it? Is there more to purity than simply sexual purity? Can I lose my purity? If so, how do I get it back? This presentation will explore the idea of purity as gift from God while answering the above questions.

**My takeaways/questions:**

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## The successful marriage and the marriage mindset.

**Chris Padgett**

Why do some marriages work and others fall apart? What is the secret to a successful marriage and how do we live it out? Chris Padgett looks at seven critical principles that will help your marriage thrive.

**My takeaways/questions:**

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## What if I die before I have sex? (The four principles of authentic love)

**Chris Padgett**

Sex before marriage actually erodes the foundation of one personally and relationally. If a couple can begin to practice four principles of authentic love their future has a real chance at not only surviving but relationally thriving. Sex is an amazing gift and can unite a couple in the context of marriage, but it can also be the catalyst that destroys a couple outside of marriage.

**My takeaways/questions:**

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## Spicing Up Married Life

### Fr. Leo Patalinghug

Father Leo shares his pastoral experiences to strengthen marriage as a sacrament celebrated in a powerful way by encouraging couples to gather around a table and to feed each other with what they hunger for most: God's love.

**My takeaways/questions:**

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## "Heads or Tails : What Does God Want?"

### Fr. Dave Pivonka

God has a will for our lives and wants to make that known to us. Most people stress way too much about figuring this out, and they cause themselves and others a lot of unnecessary anguish. In this presentation, Father Dave Pivonka, TOR, president of Franciscan University of Steubenville, will discuss some key principles that will help you in discernment and ultimately bring you peace.

**My takeaways/questions:**

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## Taking the Leap: Trusting Our Relationships to God

### Katie Prejean McGrady

Most of us, whether we like to admit it or not, are control freaks. We like to call the shots, manage what we do, where we go, and who we're with. We're in charge. But the Lord invites us to docility to the Spirit and an openness to His plans for our life. So how can we trust Him, especially with the things we like to control the most - like our relationships, both with friends, family, and a significant other?

**My takeaways/questions:**

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## Rebuilding a Culture of Marriage and Family

### Archbishop Julian Porteous

Under the inspiration of the teaching of Pope St John Paul II the Church has laid the foundations for a rebuilding of a culture of marriage and family. At the heart of this renewed culture lies an appreciation of the virtue of Chastity. Chastity is in fact a true reflection of the Paschal Mystery.

**My takeaways/questions:**

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## What Should I Do With My Life? A Call to Holiness

### Cooper Ray

One of the most common questions we can ask is, "What does God want me to do with my life? Am I called to marriage, priesthood, the religious life?" It can be confusing and even stressful. Whatever our calling may be, the best way to discern God's desire for our lives, and ultimately our vocation, is to live a life of holiness; partnering with God with our whole self.

**My takeaways/questions:**

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## Marriage: For Holiness, Not Loneliness

### Bob Rice

Christ revealed marriage to be something different than what our culture sees it. Many see marriage as a solution for loneliness. Though it can help with that, the ultimate goal of Christian marriage is for holiness and helping your spouse to heaven... where there is no marriage!

**My takeaways/questions:**

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## Jesus Christ Can Heal and Reorder SSA Catholics

### Jesse Romero

In this talk, Jesse explores the topic of Same Sex Attraction (SSA) from natural law, Scripture, reason, story, and Church teaching. This presentation offers an objective explanation of the Catholic Church's gospel of love and freedom when it comes to the challenging topic of SSA.

**My takeaways/questions:**

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## "My Life in the Light of Christ: Living with Same-Sex Attractions" (Youth) / "If I'm Not Gay, What Am I?: Identity and Homosexuality" (Adult)

### Avera Maria Santo

(Youth) An explanation on how Christ encounters those with SSA; (Adult) An analysis on human identity and human sexuality.

**My takeaways/questions:**

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## Uncompromising Purity

### Kelsey Skoch

All too often, the topic of sexual purity is presented as something that's exclusively a male problem. As a result, women who struggle with pornography or masturbation are left to feel as if they're the only ones.

But this isn't just a "guy" problem. In this talk, Kelsey will provide encouragement and practical strategies to overcome these and other addictions which keep women from living in freedom.

**My takeaways/questions:**

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## Men, Women & the Mystery of Love

### Ted Sri

The modern world offers a picture of love, dating and marriage that has caused much confusion and heartache in our relationships. St. John Paul II offers a vision for men and women relationships that is truly life-transforming. Discover JP2's practical wisdom on the real relationship issues we face every day and learn how it can transform our friendships and dating relationships and prepare us for marriages rooted in Christ's love. Edward Sri will draw upon his well-known book used by young adults around the world, 'Men, Women and the Mystery of Love'.

**My takeaways/questions:**

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## Love YOURSELF

**Chris Stefanick**

Replace negative self-talk with God's WORD! Live with new freedom, confidence, and dignity!

**My takeaways/questions:**

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## True North: Finding God's Call in Your Life

**Joel Stepanek**

Hearing God's voice is challenging and knowing God's plan can feel impossible. This practical talk will help you learn how to discern God's voice and call to find joy, peace, and fulfillment in your vocation.

**My takeaways/questions:**

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## Virtue and Sanity

### Dr. Andrew and Sarah Swafford

Dr. Andrew and Sarah Swafford give tips and tools for living out virtue (and maintaining sanity) in the midst of close relationships (e.g., spouse, sibling, parent-child, close friends, significant other)—the very relationships which often develop patterns of dysfunction. Here, Sarah and Andrew present skills to overcome these negative pitfalls in an attempt to reclaim peace and joy.

**My takeaways/questions:**

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## Be Who You Are

### Teresa Tomeo

Pope St. John Paul the Second said if we want truly happy, we need to “be who we are.” In this presentation Teresa Tomeo will help you discover or rediscover God’s will for your life by following crucial steps of vocation discernment.

**My takeaways/questions:**

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## The Father Wound: Healing from the Root

### Fr. Agustino Torres

Often everything from our sexual behaviors to our ability to discern God's calling in our lives is affected by what many call the "Father Wound." The discussion of sexual practice or morality can be implemented to the extent of one's capacity to be healed of some of the wounds that are rooted deep in ourselves. This talk will briefly discuss the nature of Father wounds and give some practical tips on being able to heal from the root.

**My takeaways/questions:**

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## Our Lady of Fatima warned us: Chastisement and Impurity

### John Henry Westen

Cardinals, bishops and countless faithful have described the current coronavirus crisis as a chastisement, or perhaps the prelude to a more severe chastisement. Our Lady of Fatima warned that sins of impurity lead more to hell than any other sin. We'll cover Our Lady's warning over Satan's final battle being over 'marriage and the family', we'll see how Her messages are being fulfilled and what to expect as the prophesied Triumph of Her Immaculate Heart dawns.

**My takeaways/questions:**

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## Gender Identity & Jesus

### Christopher West

What happens when we identify some-body without reference to his or her body? We identify, quite literally, no-body. God took on a body to reveal the stunningly beautiful meaning of our bodies. Join Christopher West as he breaths hope into the world's confusion about what it means to be created male and female in the image and likeness of God.

**My takeaways/questions:**

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## Dating after Impurity: A Field Guide

### Rachel Zayas

In this presentation Rachel will offer her own witness to freedom from pornography and masturbation and how to date and discern marriage in a healthy way afterwards. She will offer helpful ways to bring this up with a significant other, remain chaste, and other important topics related to dating after freedom from impurity.

**My takeaways/questions:**

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## VIRTUAL CATHOLIC CONFERENCE HOSTS

Over the past twenty years, Jason and Crystalina Evert have spoken to more than one million people on six continents about the virtue of chastity.



Chastity Project believes that young people play a pivotal role in the new evangelization, and therefore invites them to launch chastity projects within their schools and churches to promote the good news of purity to their peers. As Pope Francis said, “Do you know what the best tool is for evangelizing the young? Another young person. This is the path to follow!” Those who minister to teens today have unlimited needs, but very limited budgets. Therefore, through low-cost resource distribution, media appearances, seminars, and social media, Chastity Project exists to promote the virtue of chastity so that individuals can see God, and be free to love (Matt. 5:8). The orange and green colors of the Chastity Project logo are from the tilma of Our Lady of Guadalupe, to whom the ministry is consecrated.



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